
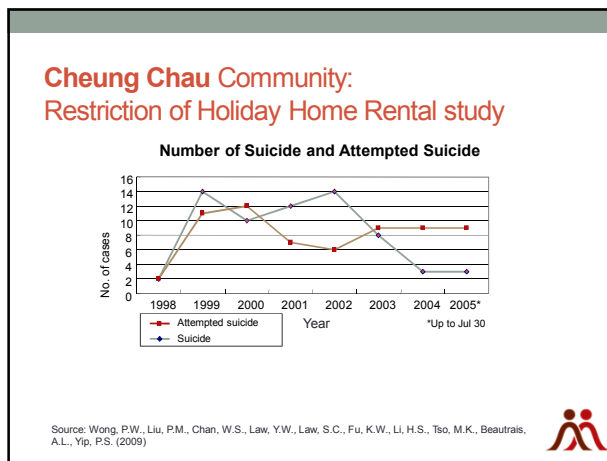
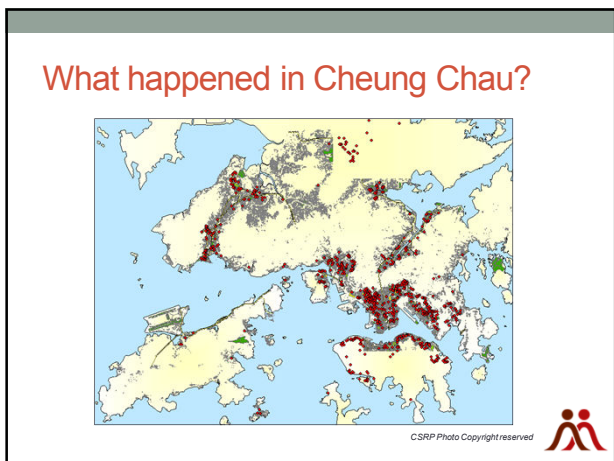
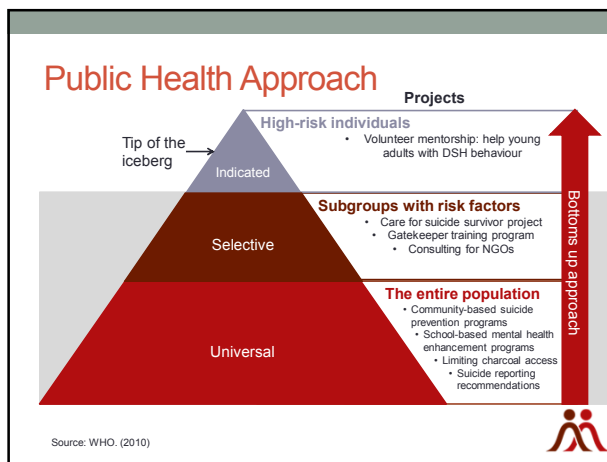
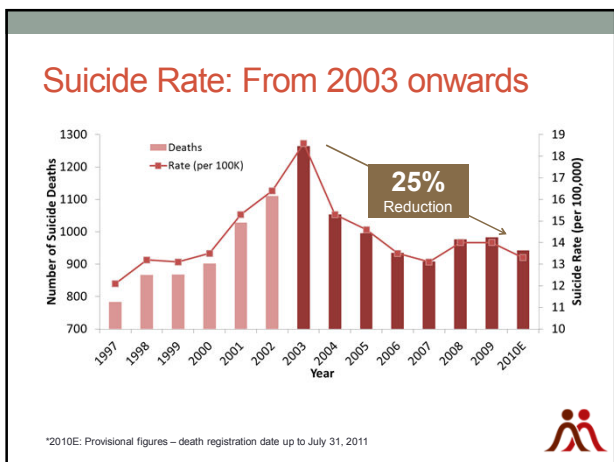
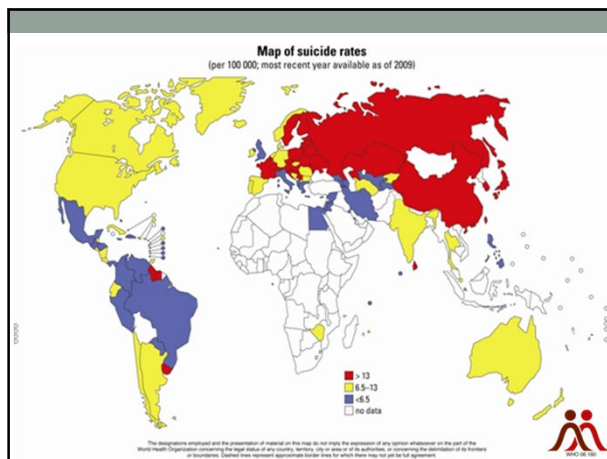


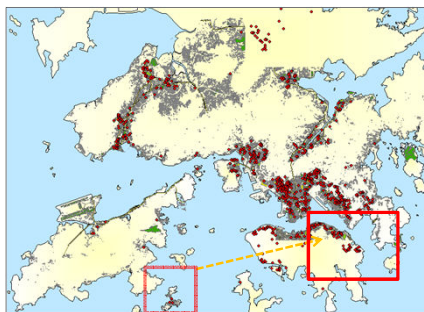
# MAKING A DIFFERENCE

From Research to Community Partnership

Professor Paul S.F. YIP  
HKJC Centre for Suicide Research and Prevention, HKU

### In Eastern District

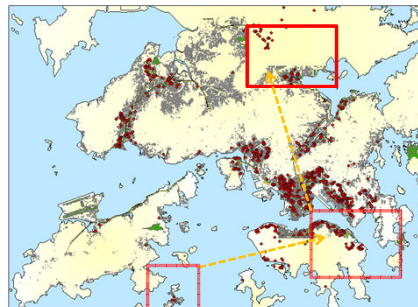


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### In Northern District

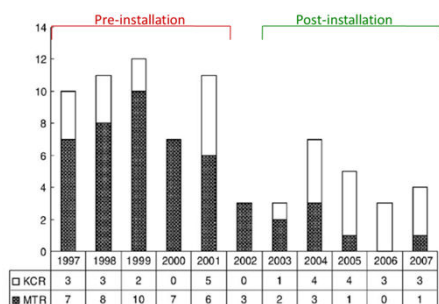
Community Response to Suicide Cluster funded by Lotteries Fund



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### General Public: Installation of platform safety doors inside MTR stations study



Source: C.K. Law, P.S.F., Yip, W.S.C., Chan, K.W., Fu, P.W.C., Wong, & Y.W., Law. (2009)



### General Public: Limiting access to charcoal by relocating the charcoal pack from over-the-counter to closed shelf



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Source: Yip P.S.F., Law C.K., Fu K.W., Law Y.W., Wong P.W.C., & Xu Y. (2010)

### Limiting access to charcoal by relocating the charcoal pack from over-the-counter to closed shelf study

District	Period		18-month period change	Whole period
	Jan 05- Jun 06	Jul 06- Dec 07		
Tuen Mun	26	12	-53.8*	38
Yuen Long	23	25	8.7	48
Other districts	249	140	-43.8	389
Overall	298	177	-40.6	475

\*P-value=0.056

Source: Yip P.S.F., Law C.K., Fu K.W., Law Y.W., Wong P.W.C., & Xu Y. (2010)



### And to Online platform – MindMap.hk

- Like a **connecting map**, one's mental health status relies heavily on different aspects, such as
  - Family & Parenting
  - School/Work Stress
  - Love Relationship
  - Living condition & Finance
  - Grief and Loss
  - Ageing
  - Social/Community Pressure
- And whilst these aspects are becoming overly stressful, could limit one's productivity or lead to mental illnesses
- Therefore, **MindMap.hk** is a platform to remind viewers whatever bothers them can worsen their mental health



### Inside MindMap.hk

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### And more Online Platforms – Little Prince is Depressed

- “Little Prince is Depressed” website ([www.depression.edu.hk](http://www.depression.edu.hk)) has been well received by the public, especially in secondary schools sector.

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### And more Online Platforms – Mindflame

Professor Gooley & The Flame of Mind ([www.mindmap.hk/mindflame](http://www.mindmap.hk/mindflame))

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### Public Health Approach: Aims

1. To create a protective environment
2. Change behaviours that put people at risk

Source: P.S.F. Yip. (2005)

THE HONG KONG JOCKEY CLUB  
Centre for Suicide Research and Prevention  
THE UNIVERSITY OF HONG KONG

THANK YOU !